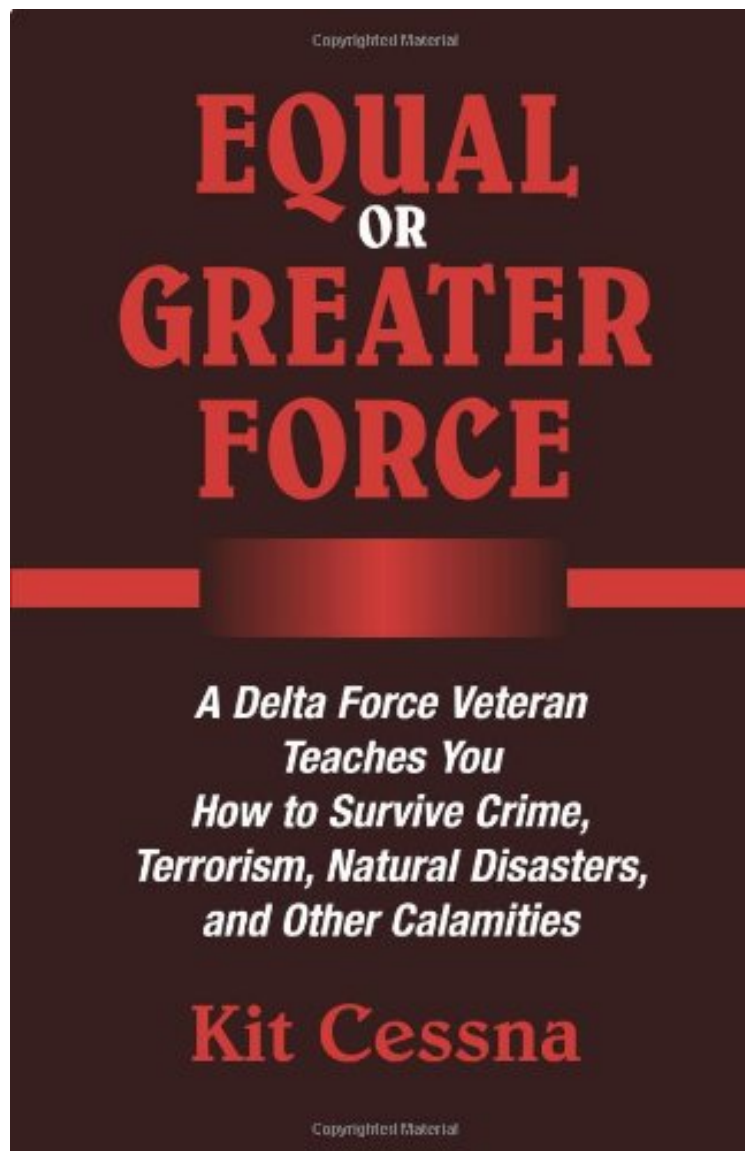


(Library ebook) Equal Or Greater Force: A Delta Force Veteran Teaches You How to Survive Crime, Terrorism, Natural Disasters and Other Calamities

Equal Or Greater Force: A Delta Force Veteran Teaches You How to Survive Crime, Terrorism, Natural Disasters and Other Calamities

Kit Cessna

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Kit Cessna, a combat-tested veteran of the U.S. Army's supersecret Delta Force, knows a lot about survival. Drawing on his experience as a career soldier, a SWAT officer and a Louisiana resident who provided security during Hurricane Katrina, Cessna examines what it takes to survive in America today and offers a wake-up call for those citizens who expect the government, or anyone else, to take care of them in any disaster, natural or man-made. Cessna's number-one rule for survival is that the party primarily responsible for your continued existence is you. This book will teach you how to develop a stay-alive attitude, make yourself mentally tough enough for any situation, control your fear during a confrontation, choose the right weapon for various situations and deal with the emotional and legal aftermath of an attack or natural disaster.

About the Author Kit Cessna served in the 1st Special Forces Operational Detachment Delta (Delta Force), 2nd Ranger Battalion and the 1st Special Forces Group as an A-Team member. While in Delta Force, he saw combat action in the 1989 invasion of Panama. Currently, he is an instructor for the U.S. State Department Anti-Terrorism Assistance Program and is the lead instructor for the Southern Anti-Terrorist Training Academy in Louisiana. He has served as a reserve SWAT officer for two police departments.