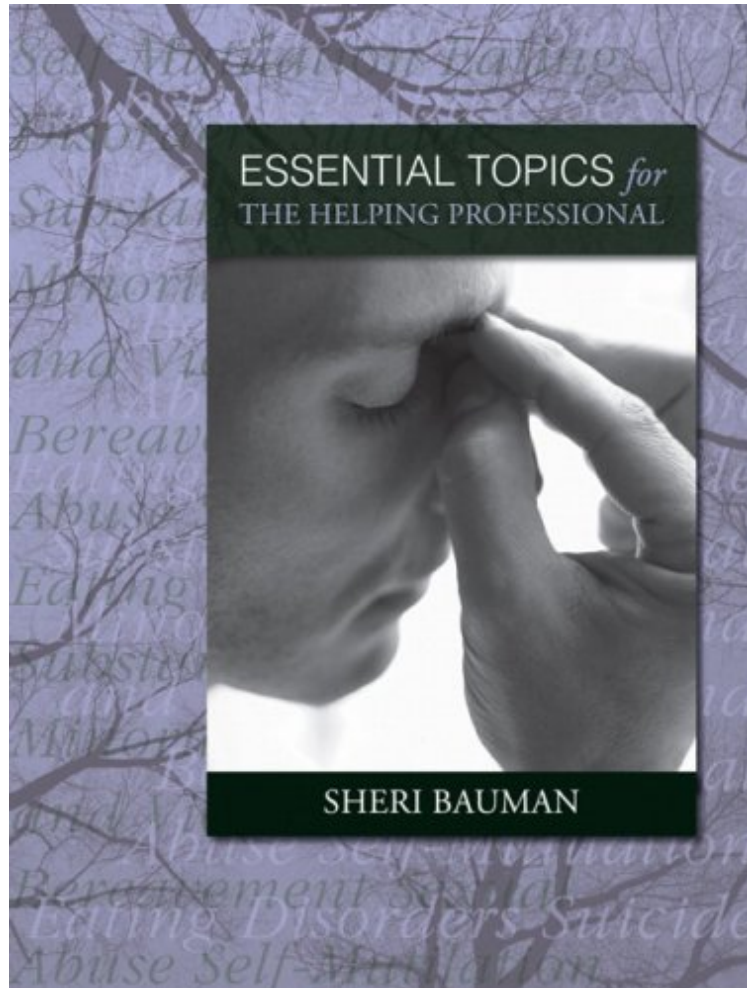


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Essential Topics for the Helping Professional

Sheri Bauman

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Current Topics in Counseling provides a comprehensive but concise overview of critical professional topics and

treatment issues. Students in helping profession programs including counseling and psychology learn skills and techniques, but often feel unprepared to deal with the specific and difficult issues clients bring to them. This book gives students an overview of eight critical issues (sexual abuse, eating disorders, self-mutilation, suicide, substance abuse, grief and loss, sexual minority concerns, and trauma and violence), including a definition and description of the problem and sections on prevalence, developmental issues and patterns, assessment strategies, treatment options, counselor issues (with a special note for school counselors), ethical concerns and additional resources. Each chapter includes an authentic case study as well as exercises that encourage students to extend their understanding.

From the Back Cover Essential Topics for the Helping Professional Sheri Bauman 020541401X Sexual abuse. Eating disorders. Self-mutilation. Suicide. Substance abuse. Grief and loss. Sexual minority concerns. Trauma and violence. These are eight critical issues that helping professionals commonly deal with when working with clients. This book gives readers an overview of these critical issues, including a definition and description of each problem and sections on prevalence, developmental issues and patterns, assessment strategies, treatment options, counselor issues (with a special note for school counselors), ethical concerns, and additional resources. Each chapter includes an authentic case study as well as exercises that encourage readers to extend their understanding. Here's what your colleagues are saying about this book: "It is clear, concise and appropriate for counseling students. It really gets to the point, defines the topic for the chapter and provides useful background information." Michael Sunich - Troy University "I thoroughly enjoyed the authors writing style. The material was very readable and clear. The concepts were clearly defined and easy to understand. I believe this book would be of practical value to practitioners in the field." Jim Verhoye - Minnesota State Correctional Facility - Shalopee "I believe such a book is needed for use throughout the duration of the graduate preparation experience in counseling." Dr. Charles V. Pryor - University of Louisiana at Monroe