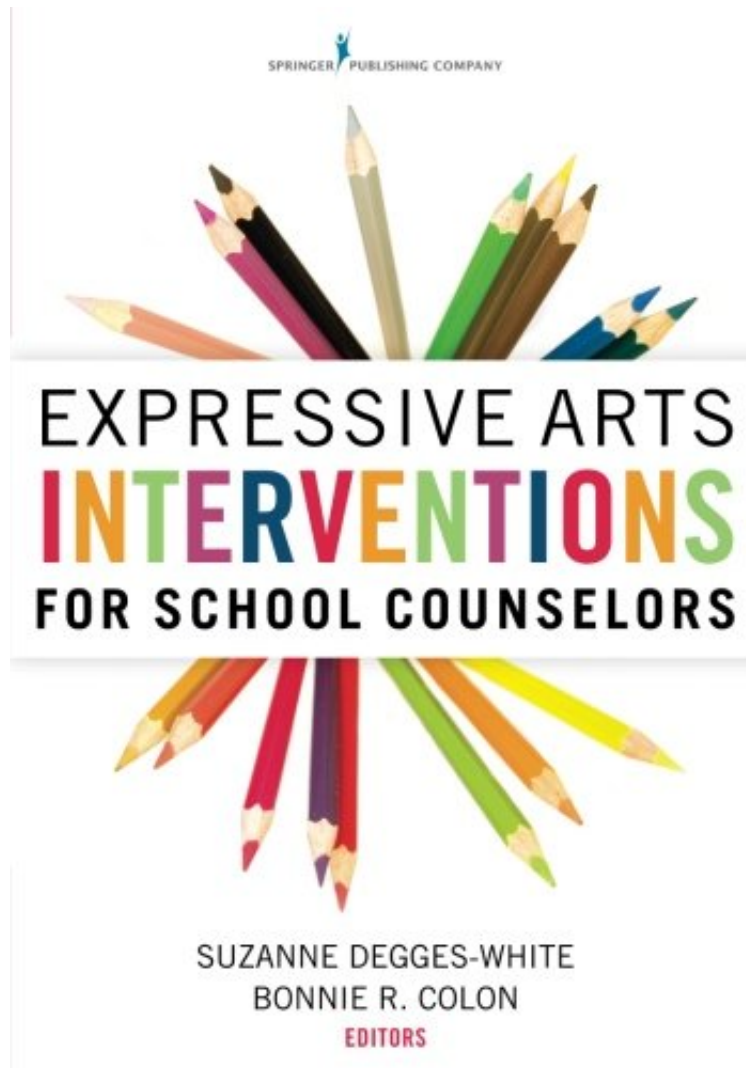


(Free) Expressive Arts Interventions for School Counselors

Expressive Arts Interventions for School Counselors

*From Bonnie R Colon Suzanne Degges white
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language:EnglishPDF # 1 10.00 x .79 x 7.00l, .0 #File Name: 0826129978350 pagesExpressive Arts
Interventions for School Counselors | File size: 73.Mb

From Bonnie R Colon Suzanne Degges white : Expressive Arts Interventions for School Counselors before purchasing it in order to gage whether or not it would be worth my time, and all praised Expressive Arts Interventions for School Counselors:

Presents 100+ interventions using creative and expressive arts counseling techniques in school settings Expressive arts therapies are a rich resource for use with children and adolescents, who are often unresponsive to traditional talk

therapy, and highly useful to school counselors who must overcome cultural, language, and ability barriers that are increasingly present in diverse and multicultural school settings. This is the first book written specifically for school counselors about using creative and expressive arts counseling techniques in school settings. It presents over 100 interventions using art, drama, music, writing, dance, and movement that school counselors can easily incorporate into their practices with individual students and groups, and in classroom settings. These creative interventions, based on the American School Counselor Association (ASCA) National Model framework, support the key student domains of academic, career, and personal/social development. The text also meets the important demand for accountability in school counseling by providing guidelines for evaluating the effectiveness of each intervention. Addressing such issues as emotional expression, social skills development, managing anger/aggression, developing self-esteem, working well with diverse peers, career exploration, and academic skill development, the book is organized by specific types of expressive arts therapies and how they can be used to support different domains in the ASCA model. Each intervention outlines the presenting concerns for which it is most useful, appropriate grade levels, required materials, preparation needed, step-by-step instructions, modifications for special needs students, and an outcome assessment plan. A handy quick reference chart helps readers to quickly locate appropriate interventions for specific concerns. Ideal for the school counselor, social worker, or psychologist who may not have specific training in arts therapies, this book can also help trained arts therapists who will be working in a school setting to select appropriate interventions.

Key Features: Presents over 100 creative and expressive arts interventions that can be easily incorporated into school counseling practice
Addresses all relevant ASCA National Model domains (academic, career, and personal/social)
Provides easy-to-follow preparation and delivery directions and outcome evaluation methods for each intervention
Includes modifications for special needs populations
Offers a handy quick reference chart matching interventions to appropriate concerns

About the Author Suzanne Degges-White, PhD, LPC, LMHC, NCC, is Professor and Chair of Counseling, Adult, and Higher Education, Northern Illinois University. She is a licensed counselor whose focus includes working with individuals and families facing transitions. Her academic research explores development over the lifespan with a strong focus on women's relationships and women's developmental transitions. Among her book publications are *Integrating the Expressive Arts into Counseling Practice* (Springer Publishing, 2009); *Friends Forever: How Girls and Women Forge Lasting Relationships* (2011) *Counseling Boys and Young Men* (Springer Publishing, 2012); *College Student Mental Health Counseling* (Springer Publishing, 2013); *Mothers and Daughters: Living, Loving, and Learning over a Lifetime* (2014); and *Expressive Arts Interventions for School Counselors* (Springer Publishing, 2014).