

[FREE] Foods of the Hudson: A Seasonal Sampling of the Region's Bounty

## **Foods of the Hudson: A Seasonal Sampling of the Region's Bounty**

*Peter G. Rose*

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**Peter G. Rose : Foods of the Hudson: A Seasonal Sampling of the Region's Bounty** before purchasing it in order to gage whether or not it would be worth my time, and all praised Foods of the Hudson: A Seasonal Sampling of the Region's Bounty:

There is perhaps no other American region as rich in agricultural, culinary, and ethnic history as the Hudson River Valley in New York State. The strongest influences are those of the Native Americans and the Dutch settlers -- other population groups add appealing diversity that all adds up to a distinctly delicious cuisine. In Foods of the Hudson, noted food writer and historian Peter G. Rose draws on this rich tradition, bringing a contemporary touch to the special offerings of the region.No matter where you hail from, you'll be delighted with the 172 tantalizing recipes in this collection: Trout Pate, Pheasant with Portobello Mushrooms, Pumpkin Cornmeal Pancakes, Lamb Loin with Hudson Valley Stuffing, Fettuccini with Asparagus Marinara, and Maple Syrup Cake with Maple Butter Frosting are just a few of the items in this wonderful harvest of the best of the Hudson River region.