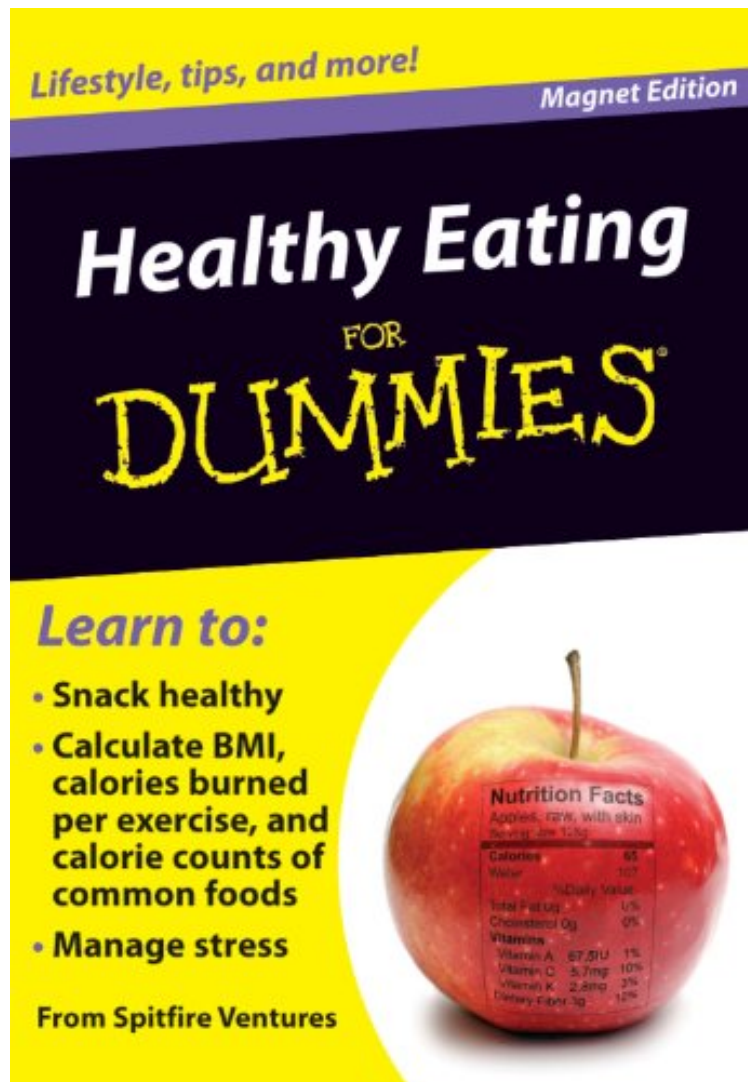


(Get free) Healthy Eating for Dummies: Lifestyle, Tips, and More! (Refrigerator Magnet Books for Dummies)

## Healthy Eating for Dummies: Lifestyle, Tips, and More! (Refrigerator Magnet Books for Dummies)

Spitfire Ventures Inc.

DOC | \*audiobook | ebooks | Download PDF | ePub



[Download](#)

[Read Online](#)

#1334901 in Books Spitfire Ventures, Inc. 2011-05-01 Original language: English PDF # 1 3.25 x .20 x 2.251, .10 #File Name: 098301065X26 pages | File size: 75.Mb

**Spitfire Ventures Inc. : Healthy Eating for Dummies: Lifestyle, Tips, and More! (Refrigerator Magnet Books for Dummies)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Healthy Eating for Dummies: Lifestyle, Tips, and More! (Refrigerator Magnet Books for Dummies):

3 of 3 people found the following review helpful. Next time I'll be more observant. :) By DeniseTXOK, so I didn't read the description and didn't realize it was literally a refrigerator magnet. It got a good laugh. I didn't pay much, so the

price was right.3 of 3 people found the following review helpful. thought this was an actual book - haaBy BrendaJI ordered this book thinking it was a smaller size and had a refrigerator magnet with it, no. It is only a magnet. Good luck to whomever would need this.

These compact magnetic books, based on the popular For Dummies series, deliver concise information in a handy, portable package no larger than a credit card. The innovative design allows the book to fold out to provide 26 pages of useful facts, figures, trivia, and other essential information. The colorful pages are waterproof, tear-proof, and deliver a treasure trove of advice and tips in a guide that slips easily into a pocket, briefcase, or purse. These practical companions also feature a convenient magnetic backing that guarantees to keep them right where they are needed, be it on a refrigerator or file cabinet for easy access. Aimed at improving the overall quality of life, this healthy handbook provides readers with tips and vital information on fortifying diets. A variety of nutritious foods are highlighted, guaranteeing more energy, longevity, and a stronger immune system.

About the AuthorSpitfire Ventures, Inc.