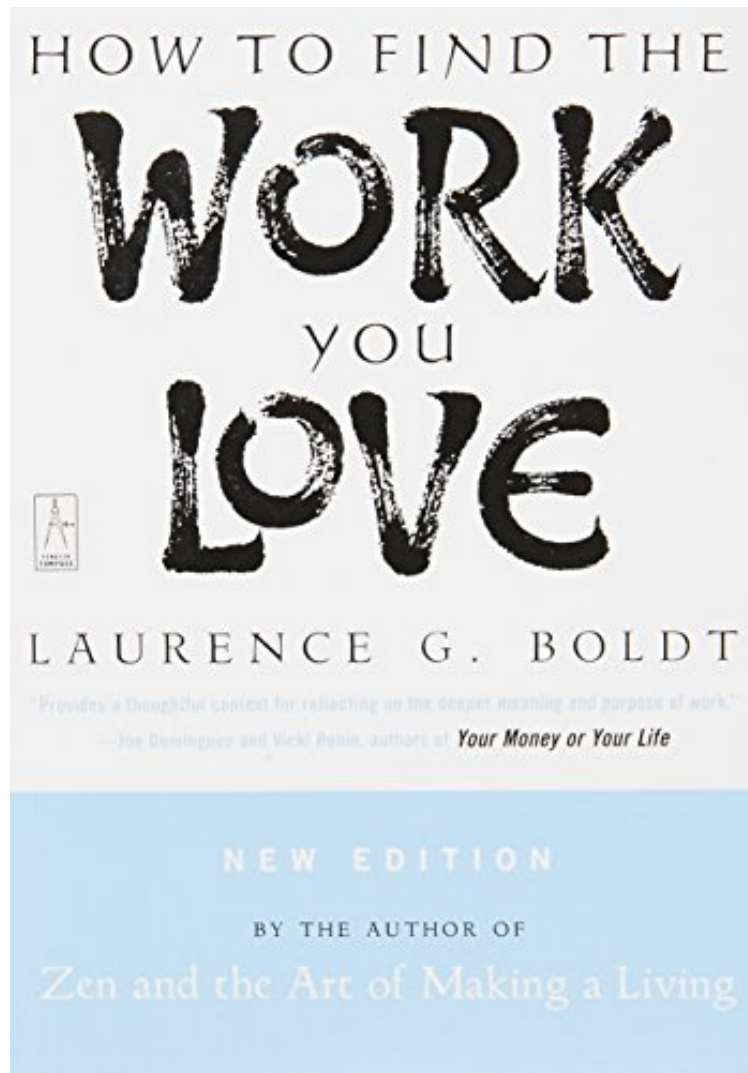


How to Find the Work You Love

Laurence G. Boldt

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Technological advances and the global marketplace are changing the way we live and work. Doing the work you love is the critical factor to personal fulfillment and economic success. No one understands this more than Laurence G. Boldt, whose *Zen and the Art of Making a Living* helped many carve out new and rewarding career paths. But how do you find the courage to start the search for a new career? And how do you tap into your own best resources to discover what you want to do and what you're good at? This remarkable guide offers simple yet profound strategies to help you answer those questions by focusing on four key elements to be sought in any life's work: Integrity, Service, Enjoyment, and Excellence. Boldt has reduced the quest for meaningful work to its essence and will lead you to an understanding of what you could and should be doing with your life.

"Provides a thoughtful context for reflecting on the deeper meaning and purpose of work." "Provides a thoughtful context for reflecting on the deeper meaning and purpose of work." (Joe Dominguez and Vicki Robin, authors of "Your Money or Your Life") Provides a thoughtful context for reflecting on the deeper meaning and purpose of work. (Joe Dominguez and Vicki Robin, authors of "Your Money or Your Life") a Provides a thoughtful context for reflecting on the deeper meaning and purpose of work. a (Joe Dominguez and Vicki Robin, authors of "Your Money or Your Life") ? Provides a thoughtful context for reflecting on the deeper meaning and purpose of work. ? (Joe Dominguez and Vicki Robin, authors of "Your Money or Your Life") About the Author Laurence G. Boldt is a writer, career consultant, and lifetime student of Eastern philosophies, with more than a decade of experience helping people shape their dreams into practical realities. He is the bestselling author of *Zen and the Art of Making a Living*, *How to Find the Work You Love*, and *Zen Soup*. He lives in Santa Barbara, California. From AudioFile Boldt presents his formula for finding one's "calling," the work one is put on the earth to do. A series of exercises in the form of self-examination questions is given, and the listener is instructed to stop the tape and write down the answers. Reading in a calm, peaceful voice, punctuated by brief bridges of New Age music, Boldt carries the listener through the process. Meaningful answers to these questions will require a good deal of thought, and the listener must be motivated to put forth the work necessary. M.A.M. (c) AudioFile, Portland, Maine