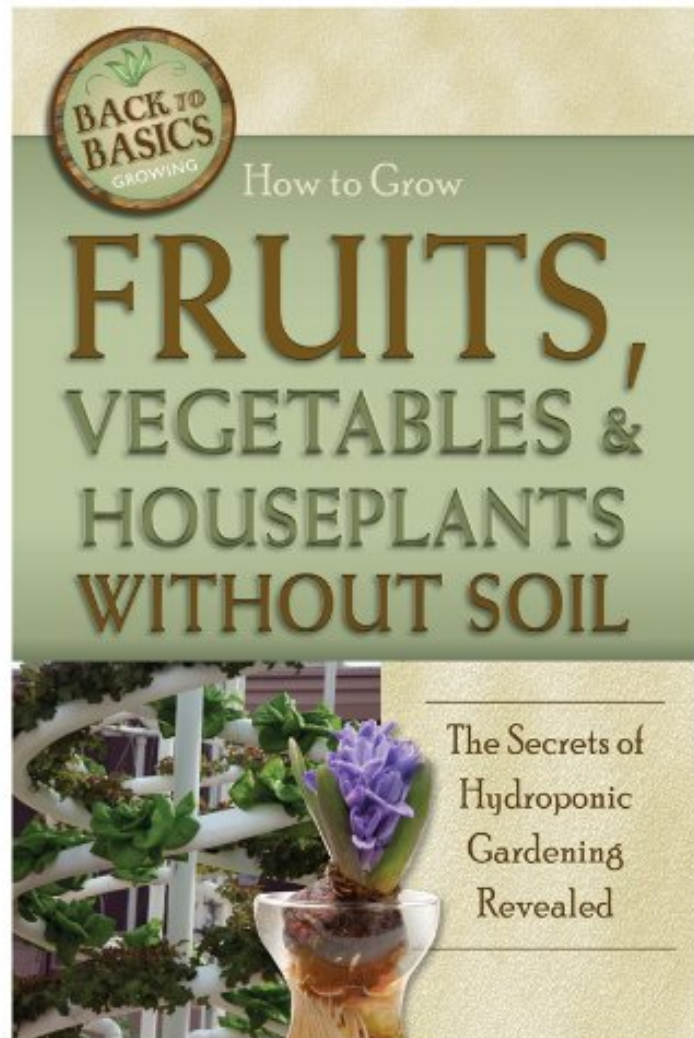


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## How to Grow Fruits, Vegetables Houseplants Without Soil: The Secrets of Hydroponic Gardening Revealed (Back to Basics)

*Rick Helweg*

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Hydroponic gardening, the art of growing plants without any soil, is a method already used by millions for growing healthy, vibrant plants by everyday gardeners. In Greek, hydro translates to water and ponos translates as labor, meaning that your garden lets the water do the work of feeding nutrients to your plant no soil necessary. This technology allows your plants to grow with nutrient solutions, with its roots free or supported by peat moss, sawdust, or gravel. You don't have to be a professional horticulturalist to learn how to grow soil-free in your own home. For anyone who was ever turned off by traditional gardening because of inconvenience or messiness, hydroponic gardening offers an attractive and practical alternative. Your fruits, vegetables, flowers, and other foliage can flourish without their roots being buried unnecessarily in layers of restrictive, water-wasting soil. With *How to Grow Fruits, Vegetables, Houseplants Without Soil* as your step-by-step guide, you can learn how to set up your own hydroponic garden right in your backyard, greenhouse, or windowsill. And with science showing that soil-less gardening results in higher yields and much less water waste, hydroponics are on their way to becoming the primary gardening method of the future. If you want to start your own low-maintenance, healthy garden, this book has everything you need to take you from seed to sprout and beyond. Using this heavily researched book, you will learn every detail behind why and how hydroponic gardening works, and what tools you will need to get started: Discover the long history behind this alternative method, and find out what plants and crops flourish the most without soil How to prime your plants for growth, as well as how to deal with pests or any other garden hindrances Both the pros and cons of soil-less planting The various materials you can utilize to enhance growth and support your plants roots, such as gravel, clay, mineral solutions, and aeroponics Understanding how to harness the power of natural and artificial light to nurture the growth of your plants How to use the best environmentally safe and organic methods and media for your green garden This book features a multitude of in-depth interviews with scientists, hobbyists, and greenhouse-savvy experts who will teach you the secrets behind starting and maintaining your new, innovative hobby. If you want to turn your hydroponic hobby into an income-producing garden, this book will show you how. Whether your garden comprises a few window-sized containers or multiple sprawling greenhouses, you can learn how hydroponics can inexpensively and easily fit your gardening goals.

About the Author Richard Helweg has more than 25 years experience working in the nonprofit sector as an artistic director, managing director, and executive director. He is an award-winning playwright and has recently written *And Justice for All*, *A History of the Supreme Court*, a book for young readers, and *How to Get Your Share of the \$30-Plus Billion Being Offered by U.S. Foundations: A Complete Guide for Locating, Preparing, and Presenting Your Proposals* (Atlantic Publishing). Richard has written several books for Atlantic Publishing Group. Richard lives in Lincoln, Nebraska, with his wife, Karen, and sons Aedan and Rory."